

## February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <b>X-Country Skiing with FHT!</b> <a href="#">Great Glen Trails, Pinkham Notch</a> 1:30 pm – 4:00 pm <a href="#">Nutrition Ed. Series 6</a> 4:45 – 7:15 pm Gorham Middle/High School <b>Early Release Day</b>	3 <b>FHT Homeschool Program</b> 10 – 11:30 am	4	5	6 <b>Rattle River Lunch Snowshoe</b> <a href="#">Rt. 2, Shelburne</a> 10 am – 2 pm (Bring Lunch)
7	8	9 <a href="#">Nutrition Ed. Series 6</a> 4:45 – 7:15 pm Gorham Middle/High School	10 <b>FHT Homeschool Program</b> 10 – 11:30 am	11	12	13
14 <b>Waterfall Loop Hike</b> <a href="#">Appalachia Trailhead, Rt. 2, Randolph</a> 1:30 – 3:30 pm	15	16	17 <b>FHT Homeschool Program</b> 10 – 11:30 am	18	19	20
21 <b>Mt. Crag Hike</b> <a href="#">North Rd., Shelburne</a> 12:30 – 3:30 pm	22 <b>Moose Brook Exploration</b> <a href="#">Moose Brook State Park, Jimtown Rd.</a> 10 – Noon	23 <b>Hike to Square Ledge</b> <a href="#">Pinkham Notch</a> 10 am - noon	24 <b>X-Country Skiing with FHT!</b> <a href="#">Great Glen Trails, Pinkham Notch</a> 1:30 pm – 4:00 pm	25	26 <b>Animal Tracking</b> <a href="#">Pinkham Notch</a> 9 – Noon	27
<b>Winter Vacation</b>						
28	29					

**NEW!**

Please sign up for all activities by the **Wednesday evening prior to the activity!**

Rachel – [rfreierman@outdoors.org](mailto:rfreierman@outdoors.org)  
603-730-2780

*\*Contact Rachel if you need assistance with transportation\**

For hike descriptions & directions click on the links above.

**Legend:**

**Green** = Families Healthy Together Activities

**Orange** = FHT Homeschool Program – Contact Rachel for more info

**Red** = Community Events/Holidays

\*All activities are **free**\*