

FAMILIES  
HEALTHY  
TOGETHER



## March 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 <b>FHT</b> <b>Homeschool</b> <b>Program</b> 10 – 11:30 am	3	4	5 <b>Mascot Mine</b> <b>Hike</b> Trestle Bridge, Gorham 10 am – 12 pm
6	7	8	9 <b>FHT</b> <b>Homeschool</b> <b>Program</b> 10 – 11:30 am <b>X-Country Skiing</b> <b>with FHT!</b> Great Glen Trails, Pinkham Notch 1:30 pm – 4:00 pm Early Release Day	10	11	12
13 <b>Waterfall</b> <b>Loop Hike</b> Appalachia Trailhead, Rt. 2, Randolph 2 – 4 pm	14	15	16 <b>FHT</b> <b>Homeschool</b> <b>Program</b> 10 – 11:30 am	17	18	19 <b>Lila's Ledge</b> <b>Hike</b> Pinkham Notch 1 pm – 4 pm
20	21	22	23 <b>FHT</b> <b>Homeschool</b> <b>Program</b> 10 – 11:30 am	24	25	26
27 <b>Mt. Jasper</b> <b>Easter Egg</b> <b>Hunt</b> Berlin HS 2 – 4 pm Easter	28	29	30 <b>FHT</b> <b>Homeschool</b> <b>Program</b> 10 – 11:30 am	31		

**NEW!**

Please sign up for all activities by the  
Wednesday evening prior to the activity!

Rachel – [rfreierman@outdoors.org](mailto:rfreierman@outdoors.org)  
603-730-2780

*\*Contact Rachel if you need assistance with  
transportation\**

For hike descriptions & directions click on the  
links in the calendar.

**Legend:**

**Green** = Families Healthy Together  
Activities

**Orange** = FHT Homeschool Program  
– Contact Rachel for more info

**Red** = Community Events/Holidays

\*All activities are **free**\*